

## *Religion News*

### **Seminar to address angels, auras and healing**

*Paul Kellogg hopes to help explain the 'unexplainable'*

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At Christmas, Christians sing "Angels We Have Heard on High."

In the Bible, angels appear to people on numerous occasions - to Mary, to the women at the empty tomb of Jesus, to Jacob, and many others.

On television, people have been "Touched by an Angel."

In movies, there have been "Angels in the Outfield."

But do human beings really hear angels speak or sing? Do they really see angelic beings on Earth?

Paul Kellogg of the Inner Peace Movement Program has spent the past 35 years trying to convince people they do have angels watching over them. He will be in Huntsville next week conducting two seminars and holding group sessions to explain the "unexplainable, mystical" events of a people's lives.

"Over the 35 years I have done this work, including raising a family of five children with my wife, I have found that everyone is psychic, everyone has angels to assist them and all of us can uplift or heal ourselves," said Kellogg, who lives in Albuquerque, N.M. "The IPM [approach of] easy, do-it yourself techniques brought much-needed solutions to my life and helped me reduce the stresses of daily living."

The seminars, "Angels, Practical Intuition and Self-Healing," will include seeing and sensing the "aura" techniques, an [energy uplift] exercise, explanations of life-after-death and the four psychic perceptions of Intuition, Vision, Prophecy and Feeling.

Kellogg, who is on a speaking tour this fall, said people often feel embarrassed about relating any "angelic encounters" or "mystical experiences" for fear they may be ridiculed by others.

"Everyone has this natural sensitivity," he said in a telephone interview from Virginia. "We're born with it. There is nothing extra ordinary about Extra Sensitive Perception. It's something we all have. We are afraid of how people will judge us if we relate an experience. We are just trying to help people in their awareness of it."

Kellogg is a graduate of Peace Community Church Seminary in Washington D.C. He was a long-time student of the late Dr. Francisco Coll, who founded IPM, a nonprofit and educational program in 1964.

"He (Coll) was one of the first to talk about ESP when it wasn't a popular topic to talk about," said Kellogg. "He was a very gifted healer and psychic who could do some amazing things. He started training people to do the same and some of us are just carrying on his work."

Kellogg, who had his first mystical experience at age 15, said more people are "coming out of the closet" about their unexplained encounters.

"After all the programs on television and in the movies about angels, it's being more accepted now," he said. "Dr. Coll's whole point (of the program) was 'let's do something with it' ... with your own style and technique."

Kellogg said his first experience dealt with the death of his father.

"I was in the den one night and he was sitting in his chair reading and [his body] just disappeared," said Kellogg. "During the night I woke up and felt a presence in my room that was unique and mystical. I remember getting a distinct message that things in my family would change, but that everything would be all right, and I then went back to sleep."

The next morning, he learned his father died of a heart attack during the night.

"Other than being on a low-salt diet, as far as we knew, there was nothing wrong with him," he said.

"Having been very psychic as a child with many 'angel' encounters, I wanted to help in not only understanding my experiences, but in making them useful in my home, work and relationships."

In addition to the seminars, Kellogg will also be available for a group session next week and private counseling.